

# **ABSTRACT**

A triune, substantially bilaterally symmetrical pillow for a reclining human being is configured to provide therapeutic and support and comfort for the head and neck while lying on one's back and side, and allow use in two, opposite orientations to increase durability and functional capacity. A center section is provided with a thin portion, abutted on either side along one axis by two substantially similar convex portions, and abutted on either side along a second axis normal to the first by two substantially identical flat end sections. The end sections have cutaways near the bottoms of their sides, to either side of their connections to the center section, that are designed to accommodate the shoulder of a human user. It is emphasized that this abstract is provided to comply with the rules requiring an abstract which will allow a searcher or other reader to quickly ascertain the subject matter of the technical disclosure. It is submitted with the understanding that it will not be used to interpret or limit the scope or meaning of the claims.